

## Packing list for Camp West – Easter Seals camp Horizon facilities

Remember to identify all clothing items and detachable objects with the camper's name. There are online stores where you can order sticker labels with your child's name.

Here are some must-haves:

- Personal medication
  - **All medication must be placed in the bag provided in the welcome package.**
  - **Have the medications packaged into blister packs or dosettes (ask your pharmacist).**
  - **Add two extra doses for the length of the stay.**
- Health insurance card
- Camp Liberté t-shirt
- Toothbrush
- Toothpaste
- Soap
- Shampoo
- Comb or hairbrush
- Insect repellent
- Lip balm with SPF
- Sunscreen
- Sweaters (long-sleeved)
- T-shirts
- Bathing suit
- Underwear
- Socks
- Pants
- Shorts
- Pyjamas
- Raincoat
- Jacket
- Rubber boots
- Flip-flops/sandals for use in the shower
- Shoes
- Sun hat
- Sunglasses
- Sleeping Bag
- Blanket



- Mattress cover or ground sheet
- Pillow
- Towels for bathing and swimming
- Face cloth

**Please note:**

- Do not bring smartphones, tablets, jewellery or any other valuables.
- Before departing for camp, check the weather to make sure you have the appropriate clothing, and for the latest weather condition update near Camp West.
- **The host camps and Camp Liberté will not be held responsible for lost clothing or items.**

