

# Packing list for Camp East – Camp Papillon facilities

Remember to identify all clothing items and detachable objects with the camper's name. There are online stores where you can order sticker labels with your child's name.

## Here are some must-haves:

- Personal medication
  - **All medication must be placed in the bag provided in the welcome package.**
  - **Have the medications packaged into blister packs or dosettes (ask your pharmacist).**
  - **Add two extra doses for the length of the stay.**
- Health insurance card
- Camp Liberté t-shirt
- Toothbrush
- Toothpaste
- Soap
- Shampoo
- Comb or hairbrush
- Insect repellent
- Lip balm with SPF
- Sunscreen
- Sweaters (long-sleeved)
- T-shirts
- Bathing suit
- Underwear
- Socks
- Pants
- Shorts
- Pyjamas
- Raincoat
- Jacket
- Rubber boots
- Flip-flops/sandals for use in the shower
- Shoes
- Sun hat
- Sunglasses



**Please note:**

- Do not bring smartphones, tablets, jewellery or any other valuables.
- All sheets, blankets, towels and washcloths are provided.
- The laundry is open every day and can be done upon request.
- Before departing for camp, check the weather to make sure you have the appropriate clothing, and for the latest weather condition update near Camp East.
- **The host camps and Camp Liberté will not be held responsible for lost clothing or items.**

